EASTER SEALS
Red Shirt Day®

Easter Seals Timbres de Pâques TM MD
Canada

Activities for Children and Families
Celebrate accessibility and inclusion together!

In honour of Red Shirt Day® and National AccessAbility Week, families across Canada can join in simple, meaningful activities to support a more inclusive and accessible world. Here are a few fun ideas:

1. Wear red as a family
Dress in red to show your support. Take a photo and share it on social media using the hashtags: **#RedShirtDay #RedForAccess #EasterSealsCanada**

2. Write a family pledge
Talk about what inclusion means to each of you. Each family member can draw or write a pledge to help create a more accessible community.

3. Storytime with a message
Read books together about disability, kindness, and inclusion. Check out our Resources page for some great recommendations!

4. Inclusion art project
Create colourful posters or drawings showing an inclusive playground or classroom. Display them proudly at home or in your neighbourhood.

5. Accessibility scavenger hunt
Go for a walk to spot examples of accessibility like ramps, automatic doors, or accessible parking spaces. Talk about why they matter.

Visit **www.RedShirtDay.ca** to learn more and download pledge forms.