

National AccessAbility Week and Red Shirt Day

May 26 to June 1, 2024

Suggested activities for classrooms and schools



Wear Red and Make a Pledge

Encourage students and teachers at your school to wear red on Red Shirt Day (Wednesday, May 29th) and post your individual or group photos on social media with the hashtags [#RedShirtDay](#) and [#RedForAccessAbility](#). Share why you are wearing red, and what you and your class pledge to do in the year ahead to enhance accessibility and inclusion in your school or community.

Colouring Sheets for Students

Print out colouring sheets available at [RedShirtDay.ca](#) to engage your students in discussion about disabilities, accessibility and inclusion.

Raise Awareness with Positive Messages

Have your students write positive messages of support for people living with disabilities. Write the messages out on the sidewalk with chalk, or decorate posters to put up in the school corridors or message boards where they can't be missed!

Use Books, Film & Videos to Teach about Disability

Read books or watch movies and video clips that feature characters with disabilities or which touches on disability, accessibility and inclusion. Then facilitate class discussions about what you have read or watched, and the lessons that the students took away from the content. [Click here to view Easter Seals' recommended books, films & videos for children.](#)

Host a Speaker

Invite a speaker from your [local Easter Seals](#) or another organization service people with disabilities to speak at your school. You might also consider offering opportunities for disabled students at your school to share their experiences in your classroom or at the school assembly.

Make a Class Action Plan for Accessibility and Inclusion

Organize the students into groups and have them think about physical and attitudinal barriers that may exist in the school, and identify ways to remove those barriers in order to make your school more accessible and inclusive. Make a list of the top ideas and start tackling them with your students during National AccessAbility Week!

Start a Fundraising Event

Teachers and students can organize activities to raise funds/donations for Easter Seals or other local organizations that provide services in support of people with disabilities and their families.

For more information and resources, visit [RedShirtDay.ca](#)

