



WOMEN & DISABILITIES

**Exploring the Lived and Learned Experience of a
Complex and Exciting Reality**

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Workshop Outline

- Icebreaker Activity
- Key Concepts Introduction
- Some Statistics
- Examination of Lived Realities of WwD
- Small Group Activity + Discussion
- Wrap-Up
- Q&A

Icebreaker Activity



Brainstorm what comes to mind when you hear **women and disabilities**



Jot down 1-2 ideas on your sticky notes and share with your table groups

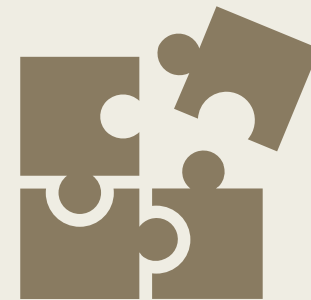


We will return to this at the end

Key Concepts



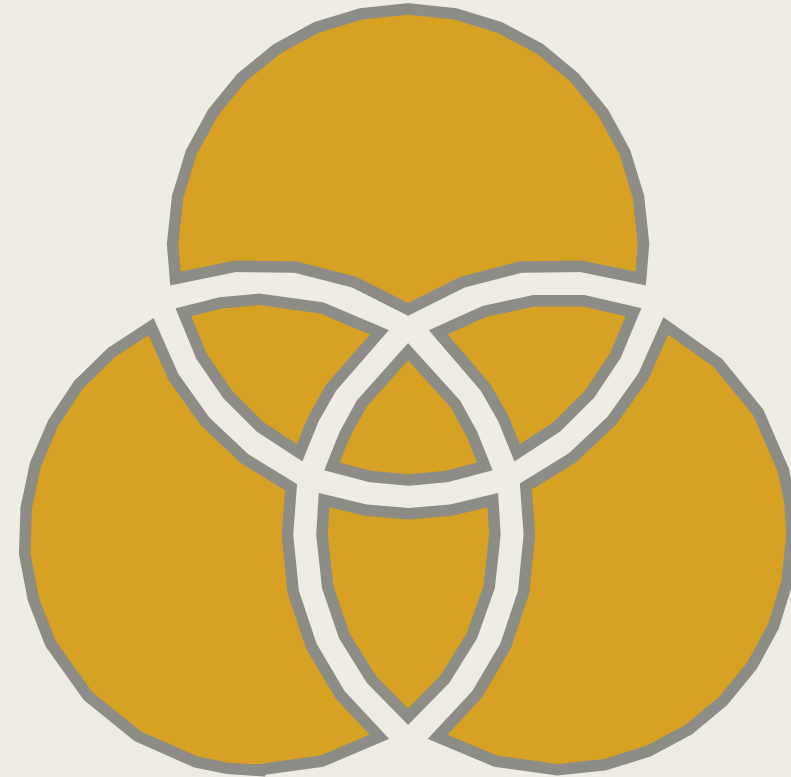
Intersectionality



Life-Course Perspective

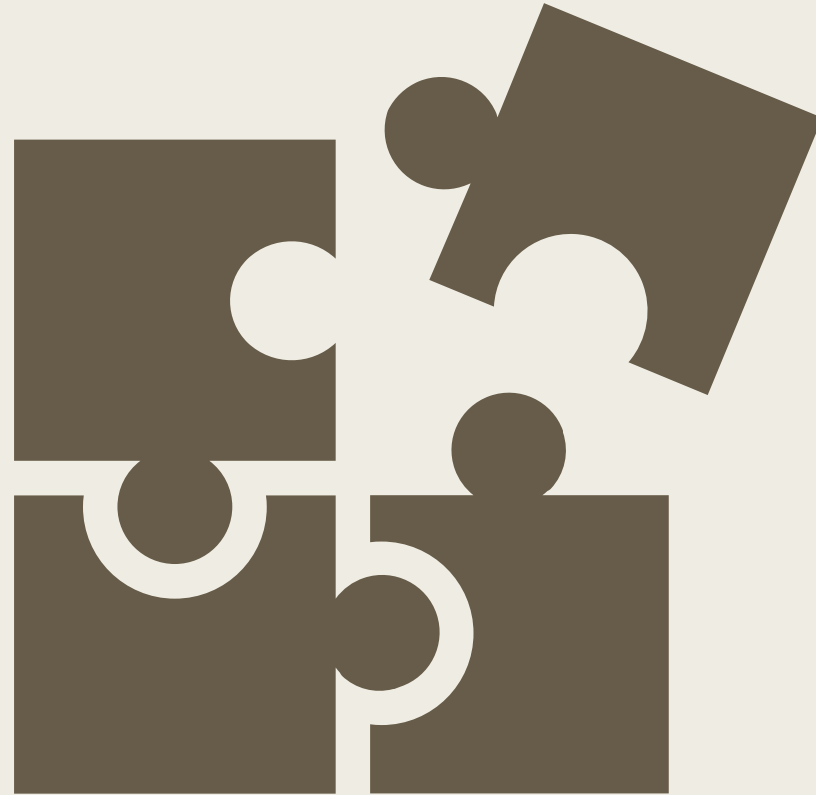
Intersectionality

- “A theoretical framework for understanding how multiple forms of inequality compound to create unique models of discrimination” (Crenshaw, 1991)



Life Course Perspective

- “Life course theory refers to a multidisciplinary paradigm for the study of people's lives, structural contexts, and social change.” (Elder, Johnson, & Crosnoe, 2003)



Some Statistics

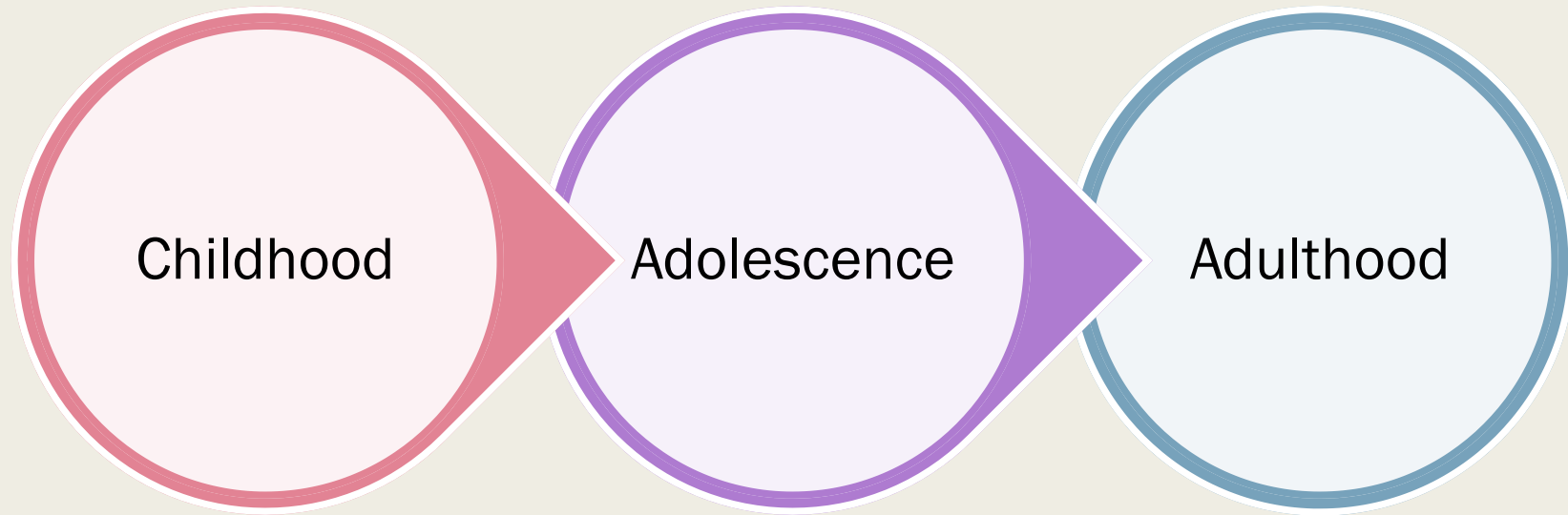


- In 2012, **2.7 million** Canadian women reported having one or more disabilities
- Most common types of disabilities reported include
 - *11.2% → pain-related*
 - *8.5% → flexibility related*
 - *8.2% → mobility related*

Statistics (cont.)



- Women with disabilities are **HALF** as likely to obtain a bachelor's degree or higher compared to their non-disabled counterparts
- Nearly **HALF** of women with disabilities feel disadvantaged in employment due to their condition
- Only **61%** of women with disabilities engage in workforce participation





Access to
education/accommodations



Stigma and discrimination



Navigating and comprehending
differences from typically
developing peers

Childhood

Adolescence

Self-Confidence/Body
Positivity

Stigma, Discrimination,
& Patronizing Attitudes

Sexual Health
Conversations



LACK OF EMPLOYMENT
OPPORTUNITIES



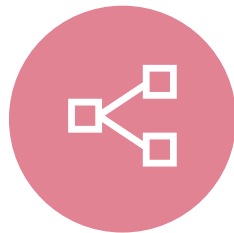
DISCRIMINATION IN
THE WORKFORCE



HEALTHY
RELATIONSHIPS



CHILDBEARING &
PARENTING



ESTABLISHING
PHYSICAL AND
PSYCHOSOCIAL
INDEPENDENCE

Adulthood



What can you do in your personal social location to address these issues (i.e., as a parent, employer, friend, ally)



Write down your ideas on the chart paper and share as a large group

Small Group Activity

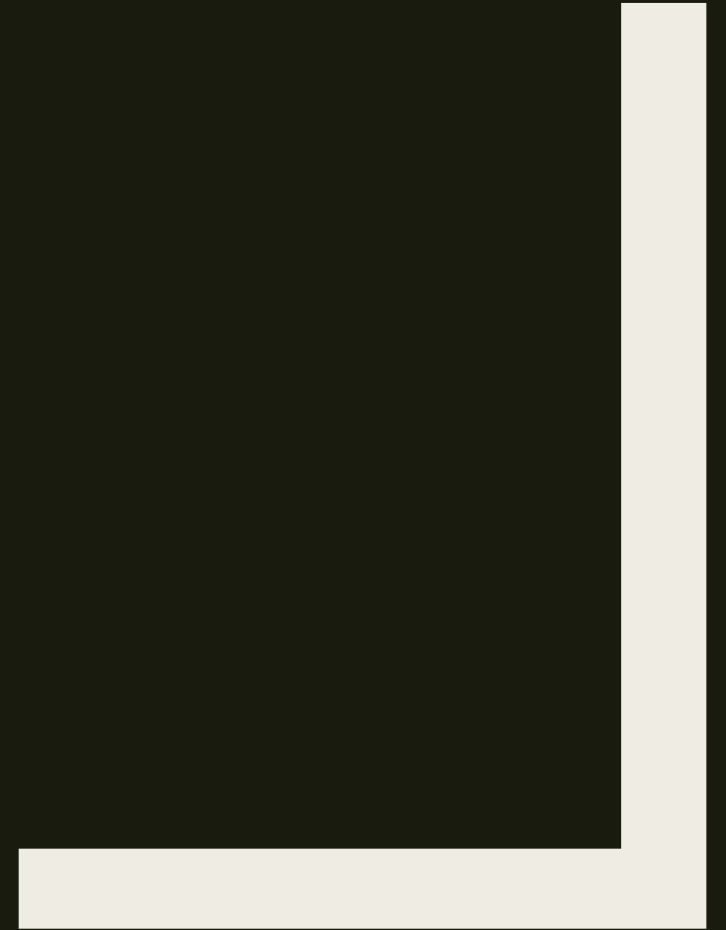
Wrap Up

Listen

Empathize

Support

Q&A



THANK YOU!

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