

National AccessAbility Week and Red Shirt Day

May 31 to June 6, 2020



Celebrate, Take Part, and Show Your Support!

Suggested activities for your school:

- Encourage your students to wear red to school for Red Shirt Day (Wednesday, June 3rd). With the permission of parents and guardians, take a group photo of students in your class/school and post the photo on social media with the hashtags **#RedShirtDay**, **#RedForAccessAbility**, **#EasterSeals**. In your post, share the reason why your school has chosen to observe National AccessAbility Week and participate in Red Shirt Day.
- Encourage your students who are between the ages of 6 and 14 years old to take part in the **Easter Seals Art Contest** for National AccessAbility Week by setting aside time and materials for the students to draw their artwork during your class. The theme for this year's contest is "An Inclusive and Accessible Canada for Everybody." There are prizes to be won! More details about the contest can be found at www.RedShirtDay.ca
- Have your students create posters containing positive messages of support for people and families living with disabilities, and put them up on the walls of your class, or allow the students to bring the posters home to show their family and put up on the windows at home.
- Read books or watch movies and video clips that feature characters with disabilities or which touches on disability, accessibility and inclusion. Then have a discussion about what you have read or watched, and the message and lessons that the students took away from the books/movies/videos. For suggestions of children's and adult books and movies, visit www.RedShirtDay.ca
- Organize the students into groups and have them think about what accessibility and inclusion means for them, and ways to improve accessibility and inclusion in the classroom and at the school: both physically and other activities.
- Consider inviting a speaker from your local Easter Seals or other organizations serving people with disability to address students in your class/school. You might also consider inviting students at your school, who are living with disability, to share their experiences in your classroom or at the school assembly.
- Teachers or students can organize activities to raise funds/donations for Easter Seals or other local organizations that provide services in support of people and families with disabilities.

For more information and resources, visit www.RedShirtDay.ca

